

Central Elementary School

Lower Elementary

'Time to Think Sheet'

I was feeling...



SAD



SILLY



MAD



EMBARRASSED



AFRAID/
WORRIED



BOSSY

I wanted...

___attention ___to have fun ___to get my own way ___to be left alone

___someone to listen to me ___I was already mad ___other

I hurt _____'s ___body ___feelings

___friendships/reputation ___property when I _____

I could have _____

Student Signature _____

Parent Signature _____ Date _____

Please Return to the School Office Tomorrow!